

## Versa Diverging Lat Pulldown

VS-S33

The versatile design of our Versa Diverging Lat Pulldown station makes refining and building lats more effective, efficient and comfortable. Independent diverging motion encourages a natural, smooth path, while independent arm movement offers exercise variety. An angled seat encourages proper user positioning, and the thigh pad easily adjusts to maximize stability and comfort for users of all sizes.

- Independent diverging movement provides a natural path of motion
- Angled seat encourages proper user position
- Thigh pad easily adjusts to provide stability and comfort
- Incremental weight



| WEIGHT STACK              |   |
|---------------------------|---|
| TOTAL STACK WEIGHT        | Heavy: 230 lbs (104 kg), Standard: 160 lbs (72 kg)                  |
| WEIGHT PLATE INCREMENTS   | Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg), Standard: 10 lbs (4.5 kg) |
| CONSISTENT STACK HEIGHT   | Yes   |
| WEIGHT STACK GUARDING     | Full front and rear shields   |
| INCREMENTAL WEIGHT SYSTEM | 5 lbs (2.3 kg)  |

| USER AMENITIES       |  |
|----------------------|--|
| REAR PLACARDS        | Color-coded machine identification & machine specific stretching   |
| PLACARD COLOR CODING | Yellow (upper body)  |
| PERSONAL STORAGE     | Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)                                |
| CONTOURED SEAT       | Yes  |
| FRONT PLACARDS       | Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements |
| REP COUNTER          | Electronic counter displays reps, exercise time and rest time & provides towel holder hook                     |

| TECH SPECS                         |   |
|------------------------------------|---|
| PRODUCT WEIGHT (STANDARD STACK)    | 262 kg / 578 lbs.                                       |
| PRODUCT WEIGHT (HEAVY STACK)       | 294 kg / 648 lbs.                                       |
| OVERALL DIMENSIONS (L X W X H)     | 155.4 x 150.1 x 187.9 cm / 61.2" x 59.1" x 74.0"        |
| REP COUNTER MACHINE USAGE TRACKING | Service mode tracks total machine reps and hours of use |
| REP COUNTER BATTERY LIFE           | Approximately 3 years                                   |
| REP COUNTER POWER SUPPLY           | 2 AA batteries  |

| FRAME & CABLES     |   |
|--------------------|---|
| FRAME COLOR        | Iced Silver                             |
| CABLE TRANSMISSION | Internally lubricated cables & fittings |
| MACHINE ANCHORING  | Machine anchoring locations             |
| FRAME FINISH       | Proprietary two-coat powder process     |

| ADJUSTMENTS                               |                     |
|---|---------------------|
| COLOR CODED PIVOTS & POINTS OF ADJUSTMENT | Yes                 |
| USER ADJUSTMENT RANGE                     | Adjustable Knee Pad |