

R3xm Recumbent Cycle

- Effortless one-hand seat adjustment fine-tunes positioning to suit users of all sizes
- Self-balancing pedals with heel cups and adjustable straps provide secure, stable foot placement
- Seat swivels 160 degrees and locks at right, left and center to accommodate a variety of client needs
- WiFi connectivity accommodates optional Matrix Asset Management system
- Intuitive, bright LED console displays only the feedback essential to therapists and clinicians
- Ergo Form seat and back pad enhance comfort, support and ventilation
- User-facing Ergoform hand grips provide comfortable use
- Self-powered system provides cost-savings and freedom of placement within the facility
- Transport handle is easily accessible, and top-down adjustment simplifies leveling after installation, maintenance or use
- Hand toggles make adjusting resistance easy and instant
- Step-through design offers easy entry and exit
- Pedal crank arms are independently length adjustable from 3.8 cm–17.8 cm / 1.5”–7” without tools to allow rotational movement with limited knee or hip range of motion
- Pedal cranks lock into numbered positions to easily verify crank height and clearly record client progress

CONSOLE	
RFID COMPATIBLE	No
IPTV COMPATIBLE	No
BLUETOOTH ENABLED	No
WORKOUTS	Manual, Constant Watts, Fat Burn, Interval Training, Target HR, Fitness Test
DISPLAY TYPE	Dot-matrix LED with profile display
USB PORT	Yes
INSTANT ON TECHNOLOGY	Yes
RESISTANCE RANGE	30-Jan
DISPLAY FEEDBACK	Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Level, Speed, RPM, Heart Rate, METs, Watts, Workout Profile
PRO:IDIOM COMPATIBLE	No
WIFI ENABLED	Optional

FEATURES	
HANDLEBAR DESIGN	Seat side / Front ergo bend
BOTTLE HOLDER	Yes
INTEGRATED ARM RESTS	No
REMOTE RESISTANCE CONTROLS	Yes
CONTACT & TELEMETRIC HR	Yes

RESISTANCE SYSTEM	
RESISTANCE SYSTEM	Brushless generator

TECH SPECS	
POWER REQUIREMENTS	Self-powered / powered 100v-240v - 50/60Hz AC
MINIMUM RPM	25 powered / 25 self-powered
MINIMUM WATTS	4 powered / 7 self-powered
ASSEMBLED WEIGHT	87.5 kg / 192.9 lbs.
ASSEMBLED DIMENSIONS	150.3 x 65.4 x 140 cm / 59.2" x 25.7" x 55.1"
SHIPPING WEIGHT	99.7kg / 219 lbs.
MAX USER WEIGHT	182 kg / 400 lbs.
CRANK DESIGN	User Adjustable Cranks